



Privacy Policy

1. Introduction

This privacy policy is about how Rejuvenate Health and Nutrition collects, processes, stores and shares client's data.

This Privacy Policy only relates to personal data collected by Rejuvenate Health and Nutrition, via the Rejuvenate Health and Nutrition website, clinical forms, emails and telephone calls. Any personal data collected by Rejuvenate Health and Nutrition is used in accordance with UK data protection legislation.

Users should be aware that if they access other websites, using the links provided, these are outside our control. If they provide personal data to other companies, the privacy policies of those companies determine the uses to which that information is put and the Rejuvenate Health and Nutrition Privacy Policy will no longer apply.

2. The Data Protection Bill 2017

Rejuvenate Health and Nutrition complies with the principles of the [Data Protection Bill 2017](#) in accordance with [General Data Protection Regulations \(GDPR\)](#).

3. Purpose of data

The data we collect from clients is the data required to provide professional services and necessary communication related to the therapy provided. The data held by Rejuvenate Health and Nutrition is collected at the time of submission by the client and includes name, surname, home address, email, phone number(s) and GP contact details.

4. Disclosures - Sharing of data

Rejuvenate Health and Nutrition will not disclose your personal information without your consent. Prior consent will always be sought should we need to share personal data with third party service providers such as functional testing laboratories or in communication with your GP.

5. Consent

By providing personal data to Rejuvenate Health and Nutrition, clients consent to the processing of such data by Rejuvenate Health and Nutrition as described in this Privacy Policy.

6. Storage of personal data

Data is stored in a secured filing system and will be held for 7 years at which point it will be destroyed.

7. Cookies

A “cookie” is a small text file that is placed on a user’s computer hard drive by a website. There are several types of cookie and the most common are often referred to as ‘session’ cookies. These are used to keep track of information needed by a user as they travel from page to page within a website. These cookies have a short lifetime and expire within a few minutes of the user leaving the site.

Other types of cookies can be used to track internet activity after the user has left a website. These are usually sponsored by organisations external to the website being visited and are generally known as ‘third party’ cookies. These usually have a long lifetime with several months being quite common. They are ‘harvested’ and ‘refreshed’ whenever the user visits a page where the same or a similar cookie is being used.

Rejuvenate Health and Nutrition uses benign, short lived ‘session’ cookies to tell whether a website user has logged in, where to find details that can be used to pre-fill parts of on-line forms and to personalise the user’s visit to the website.

Rejuvenate Health and Nutrition cookies do not analyse visits to other websites or any searches undertaken whilst on the Rejuvenate Health and Nutrition website.

Internet browsers normally accept cookies by default; however, it is possible to set a browser to reject cookies. If this is done it is important not to exclude the benign and useful session cookies. Choose an option that rejects all third party and long-lived cookies.

8. Links to Third Party Websites

This Privacy Policy applies solely to the personal data collected by Rejuvenate Health and Nutrition and does not apply to third party websites.

Rejuvenate Health and Nutrition is not responsible for the privacy policies of third-party websites. Rejuvenate Health and Nutrition advises users to read the privacy policies of other websites before registering any personal data.

9. Security

Rejuvenate Health and Nutrition holds your personal data in accordance with the security provisions of the UK data protection legislation.

If you have any questions about security please contact Rejuvenate Health and Nutrition on 07546438615

10. Notification of Changes

Rejuvenate Health and Nutrition will notify all users of any changes it makes to its Privacy Policy. If Rejuvenate Health and Nutrition decides to change its Privacy Policy, it will post such changes on this page so that you are always aware of how Rejuvenate Health and Nutrition uses your personal data.

Users have the right to ask Rejuvenate Health and Nutrition, in writing, for a copy of all the personal data held about them upon payment of a fee (“subject access request”) and to request that Rejuvenate Health and Nutrition correct any inaccuracies in that information.

11. Your rights over your data

You have the right to rectify, amend, correct or erase your data except where there is a [legal basis for refusal](#).